



Transitional Program

 **Non-Diploma Bound**

 **Diploma Bound**

 **Graduates in Need**

This program is geared toward young adults who could use support launching into adulthood and the work world/college. We can help!

About the Program

- **10-Session program with concurrent parent classes**
- **Coursework modules will cover:**
 - What do I want to be when I grow up
 - Resume preparation, cover letter writing, references, application skills
 - Interview skills, scripts, and ways to answer questions appropriately
 - Strengths assessment
 - Mock interviews
 - Job readiness skills
 - Dressing for success
 - Job search assistance
 - Confidence building
 - Job Club
 - Home skills for job readiness (sleep, meals, laundry, getting up on time, hygiene, etc.)
 - College applications
 - Help with college transition
 - Job coaching
 - Help maintain employment
 - Assist with DDA, LISS and other funding assistance

About The Option Group

Navigating adulthood presents unique challenges — even more so for those with disabilities, chronic illnesses, or unique conditions like autism, ADHD, cerebral palsy, or rare neurological disorders.

The Options Group is dedicated to providing support, guidance, and opportunities to young adults aged 16 and above, helping them lead fulfilling lives.

Our comprehensive suite of services is designed to uplift, empower, and assist in every facet of their journey.



Under the direction of Mary Jo Siebert, MS

To learn more: Call **866-227-3798 (866-CARES98)** or register at theooptiongroup.net/register
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